



American
Heart
Association.

EVERYONE DESERVES A LONG, HEALTHY LIFE

Black and Hispanic
adults are
**41% LESS LIKELY
TO RECEIVE**

bystander CPR in a public
place than white people.



OVER 44% OF WOMEN

ages 20+ are living with some
form of cardiovascular
disease which remains the
leading cause of death in women.

**SEXUAL MINORITY
ADULTS HAVE A
HIGHER PREVALENCE
OF CVD RISK FACTORS**
than heterosexual adults.



On its own,
**STROKE RANKS AS
THE No. 5**
killer of Americans
claiming
150,005 LIVES in 2019.



Cardiovascular disease
(heart attack and
stroke) remains the

**NO. 1 KILLER OF
AMERICANS.**



More people will be
affected by
Cardiovascular Disease
THAN ALL
forms of cancer
and chronic lower
respiratory disease
combined.

2x

Black and Hispanic
people are
**TWICE AS
LIKELY TO**
develop high
blood pressure

1 IN 110 BABIES

are born with a Congenital
Heart Defect (CHD).
Of those, 25% will need invasive
treatment before the age of 1.



Roughly 1 in 5 Asian-Americans are
**LIVING WITH HIGH BLOOD
PRESSURE TODAY**

LESS THAN HALF
of women entering
pregnancy in the US
have optimal
cardiovascular health.



Veterans who have
experienced a traumatic
brain injury are
**69% MORE LIKELY
TO HAVE A STROKE**



About every 40 seconds,
someone will have a heart attack.